

Presentation of the Elements - if you wish to be involved please pop your name on the list at the back of Church. Many thanks.

Notice of Preparation of the New Church Electoral Roll.

The Electoral Roll is the church's register of electors. It is the list of those qualified to attend and to vote at the Annual Parochial Church Meeting where the elections take place for the Parochial Church Council and the parish's representatives on the DeanerySynod. According to the Church of England Representation Rules, every six years the Church Electoral Roll must be completely renewed. 2019 is the sixth year and, from the 3rd February, a new Electoral Roll will be prepared. No names will be carried over from the old Roll, so anyone who wishes to be entered on the new Roll must apply by completing the Form of Application for Enrolment. The 7th April marks the completion of the new Roll when the present Roll will cease to have effect. If you would like to be enrolled, or you have any queries, please contact our Electoral Roll Officer, Tom Burton, 5, Ulverston Crescent, Lytham St. Annes, FY8 3RZ. tel. 720456 or e-mail: tburton@talktalk.net Forms are available at the back of the church for completion. These can be returned to Tom or can be placed in the large envelope at the back of the church marked 'Completed Electoral Roll Forms'. The forms can also be downloaded from St. Cuthbert's Church website.

those in special need at present: Thelma Abbotson, Brenda Davey, Hilda Holding, Sally Ward, baby Edie and Sarah Welch.

In memory of: John Rowlings, Max Sawer and Nora Smith

The recently departed: Sheila Collings

and for those who have requested our ongoing prayer support: Elizabeth Frater, Dennis Quinlan, Catherine Stacey, Margaret Wiggins and Peter and Mary Willis.

Sunday, 10th March 2019
The First Sunday of Lent



A warm welcome to St Cuthbert's today

We are pleased to offer a loop system for those with hearing difficulties - just turn your hearing aid to the T setting.

8:30am Holy Communion [BCP]

President: The Revd Nick Wells
 Preacher: Mrs Bev Wells

Readings: Romans 10. 8b-13; Luke 4. 1-13.

10:00am Holy Communion

President: The Revd Nick Wells
 Preacher: Mrs Bev Wells

Psalm 91 vv 1,2,9-16

Readings: Deuteronomy 26. 1-11 and as above.

10:00am Sunday School

Our Sunday School meets in church and then moves over to the Church Hall for their time together.

12noon Baptism

<i>What's on This Coming Week</i>			
Mon	19.00	Choir Practice	Vestry
Tues	19:00	Lent Course	Church
Wed	9.45	Bertie Bears	Hall
	19.00	Bell Ringers	Belfry
Thurs	10.30	Community Craft Group	Church
	10.30	Stepping Stones	Hall
	14.30	Mothers' Union	Hall
	19.00	PCC Meeting	Vestry
Fri	11.00	Holy Communion	Church
Sat	From 10:00	Open Church	Church
Sun	08:30	Holy Communion	Church
	10:00	Holy Communion	Church
	16.00	Taizé	Church

Your prayers are asked for:



OPEN CHURCH NEEDS YOU

"Being open strengthens the rôle of the church in the

community and gives opportunity for mission. The primary reasons for visiting a church building are social, spiritual and feeling a sense of welcome and of holiness. A space for reflection or prayer at the heart of a community " - from Ecclesiastical website. Please consider adding your name to the open church rota at the west end of church to "church sit" occasionally or every week, or speak with the vicar or curate for further information. Volunteer guidelines are available. It is a joy to visit the church when it is peaceful for the "church sitters" and our hope is that the visitors also find and take away something positive from their visit to church.

Donation envelopes for 2019/2020 will be available in Church from the 17th March at all services.

Mothers' Union - We meet on Thursday 14th March at 2.30pm. Our speaker is Mrs Sue Wilkes and her talk is entitled 'Training a puppy to become a Guide Dog for the Blind'. The Lady Day Service is on Monday 25th March at 11.00am in church followed by lunch at the Fairhaven Golf Club. Names at the meeting if you would like to join us.

St Cuthbert's is a charity registered in England and Wales Charity Registration No. 1143673
Registered Office: St Cuthbert's Church, Church Road, Lytham St. Annes, FY8 5QL
Telephone: 01253 736488

Quiz questions: LENT-related

1. What are the three basic ingredients that define a

- pancake ?
2. The name *Lent* comes from the Old English *lencten*. What is the meaning of this word *Lent* ?
 3. Which two prophets appeared with Jesus at the Transfiguration ?
 4. Lent is known to be forty days in length, though the period from Ash Wednesday to Holy Saturday inclusive is forty-six days. How does this come about ?
 5. How is the ash for Ash Wednesday prepared ?
 6. Which word is neither spoken nor sung during Lent ?
 7. During Lent, how often did John Wesley fast ?
 8. Which snack originated during Lent because it contained only flour, salt and water ?
 9. What is the meaning of INRI on a crucifix ?
 10. What is the Triduum ?
 11. How much was Judas paid for identifying Jesus to the Roman soldiers ?
 12. How many Stations of the Cross are there ?
 13. When do congregations 'strip the Lord's Table' ?
 14. Who helped Jesus to carry his Cross ?
 15. What would be the cause of death for a man crucified ?

Answers in due course.

Together for Good, our **Lent Course**, begins on this Tuesday, 12th March at 7:00pm in church. We are following a course prepared by Livability. The introduction to the course says:

'We hear a lot these days about happiness. There are plenty of articles extolling the virtues of ways in which we can make our lives more happy and fulfilling. In popular writing, happiness is sometimes promoted as a formula, a series of steps to follow; yet most of us would recognise that satisfaction in life can't be

reduced to something so simple. From a faith perspective, we might also question whether pursuing the topic of happiness is the best use of our time.

We may wonder then, given all this, whether the Bible has anything to say on the subject. Is there anything to be learned from modern approaches to health and wellbeing? In turn, do we have something to offer to the wellbeing of our wider community?

Our inspiration for the title of the studies comes from Romans 8:28: 'And we know that in all things God works together with those who love him to bring about what is good' (NIV). We all have experiences of life that challenge us, yet we firmly believe in the goodness of God and the call to be in relationship with one another.

As we work through "Together for Good", we hope we'll discover that exploring happiness is a rich topic. As you reflect on different questions, we hope you find insights that help you and those around you grow in your own wellbeing.

Each study will focus on a specific theme, inviting you to reflect on your experience, draw from the Bible, and then consider your response – both individually and as a church. It's our hope that you will be refreshed by new perspectives offered here, and called into a deeper life together, for good.'

We are certain that this year's Lent course will help you individually and St Cuthbert's as a church. Please do try to come along and allow Together for Good to be part of your Lenten preparation for Easter.